

# BIENVENUE

Info



Can't make these dates? Other group immersions are scheduled all year around! Contact us to enroll!



## Immersion in the Pyrénées

FRENCH IMMERSION IN ISSOR (64)  
LEARN - PRACTICE - IMPROVE

Bespoke French lessons

Local exploration and activities

Complete immersion  
Guaranteed progress

# Bonjour!



If the most effective learning comes from a friendly and exploratory atmosphere, ISSOR is your next destination!

Nestled between the majestic peaks of the Pyrenees and the cultural richness of Béarn, our language immersion plunges you into **authentic French daily life**.

**Perfect your expression**, not in a classroom, but through traditional activities: Jurançon grape harvest, wine tasting, hike in classified natural landscapes and a surprising visit to a charming town steeped in history.

It is more than a trip—it is the experience of a unique and preserved art of living!

Away from the crowds, **join us for 5 days of guaranteed progress**, punctuated by **50 hours of expert instruction**, local discoveries & flavors, and the majestic landscapes of the Pyrenees.

A unique human experience, 100% in French :

- 🇫🇷 Authenticity (The real Southwest)
- 🤝 Friendliness (Small groups, sharing)
- 🚀 Effectiveness (10 hours of instruction + total immersion)
- 🏠 Accommodations in charming gîtes
- 🍷 Vibrant and high-quality gastronomy, emphasizing organic and local sourcing

Info :



# YOUR HOSTS



We are **Prisca and Nathalie**. Both of us are teachers of FLE (French as a Foreign Language), and we share over 15 years of passion for the French language and its culture.

After personal journeys filled with travel and enriching intercultural exchanges, **we had a shared idea: to offer immersion language stays.**

Having witnessed the effectiveness of learning languages in the context ourselves, this new venture felt like a necessity.

This is why we offer you our expertise to **accelerate your progress** and **guarantee you an intense, memorable, and profoundly authentic experience.**



**CONTACT US**

**Phone :** +33 624 972 655

**Email :** [contact@frenchimmersions.com](mailto:contact@frenchimmersions.com)

# YOUR PROGRAM

|           | Monday<br>12th                                                                                 | Tuesday<br>13th                                                                   | Wednesday<br>14th                                                                                                                                                           | Thursday<br>15th                                                                                                        | Friday<br>16th                                                                                                                       | Saturday<br>17th                                             |
|-----------|------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------|
| Morning   |                                                                                                | 9am-2pm :<br><b>discovery hike</b> with your teacher/picnic (optional - included) | 8:30-10am :<br><b>discovery of cheese making</b> (optional - additional cost)<br>10am-12pm :<br>French class                                                                | 8am-2pm :<br><b>introduction to the grape harvest with local product tasting</b> with your teachers - (guided activity) | 9:30-11:30am :<br>French class                                                                                                       | 9:30-11:30am :<br>French class                               |
| Lunch     |                                                                                                | Picnic                                                                            | 12-1pm :<br>catered lunch with your teachers                                                                                                                                | Picnic                                                                                                                  | 11-1pm : free time - catered lunch                                                                                                   | 12-2pm :<br>last catered lunch with Jérôme and your teachers |
| Afternoon | From 2pm (+/-) : Arrival<br>We will welcome you to the gîte and let you settle into your room. | 3pm-5pm :<br>French class                                                         | 2-5pm : Visit to <b>Elodie's garden</b> and flower crafts (optional - additional cost)<br><br>5:30-7pm :<br><b>yoga class</b> with <b>Anna</b> (optional - additional cost) | 3pm-5pm :<br>French class                                                                                               | 2-6pm :<br><b>discover the town of Oloron-Sainte-Marie</b> with our special guide, Sophie (guided activity) / Shopping time in town. | <b>Departure</b>                                             |
| Evening   | From 7pm :<br>let's get to know each other over a delicious dinner prepared by Jérôme          | From 7pm :<br>free time - catered diner                                           | From 7pm :<br>free time - catered diner                                                                                                                                     | From 7pm :<br>catered diner - Screening of a <b>French film</b>                                                         | From 7pm :<br>free time - catered diner                                                                                              |                                                              |

# YOUR LESSONS

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## 1st step

Upon registration, you will receive **a written evaluation test**.

This will allow us to determine your level and your expectations.  
(level A2+ min. needed)



## 2nd step

Next, we will meet online to determine **your oral proficiency**



## 3rd step

Finally, we will make sure to include elements you need and/or want to work on in the program for your immersion such as **grammar points, situational speaking practice, phonetics...**



We value your input. If you have **any specific requests**, feel free to share them with us. *For example: I would like to study the conditional.*



In total, your program features **10 hours of core class time**, plus **guided activities** and shared meals, totaling a **minimum of 50 hours of French practice**.

Take a look at **[your program overview](#)**

# ABOUT THE ACTIVITIES

Your program includes **three educational excursions with a guided activity** :

- a hike led by your teachers and a guide,
- an introduction to the grape harvest with local product tasting,
- a guided tour of the town of **Oloron Sainte Marie** with free time for souvenir shopping for those who wish.

Of course, if you prefer to stay quiet at the gîte or go for a walk on your own, that is absolutely possible!

Please consult our website for the specific schedule :

[www.frenchimmersions.com](http://www.frenchimmersions.com)



**Acquisition of  
specialized  
vocabulary**

**Spontaneous oral  
practice and  
listening in a real-life  
context**

**Opportunity to listen to  
and interact with a  
professional native  
speaker**

# OPTIONAL ACTIVITIES

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As your program is already very dense, we took the liberty of offering certain activities as **optional extras** so that those who are most eager can practice even more!

You will therefore have the opportunity to add:

- A relaxation session with a **yoga class led by Anna**,
- A visit to **Elodie's fabulous garden**, including the making of a flower crown,
- A visit to **Cedric's farm**, where he will tell us everything about the Pyrenean cheeses and life on a farm!

Please consult our website for the specific schedule : [www.frenchimmersions.com](http://www.frenchimmersions.com)



**Acquisition of specialized vocabulary**

**Spontaneous oral practice and listening in a real-life context**

**Opportunity to listen to and interact with a professional native speaker**



# ABOUT ACCOMMODATION

Additional charming  
lodges will be offered  
as registrations  
continue to grow...

Nestled in the heart of Béarn, the gîte **Castagné blends the charm of a traditional farmhouse with the comfort and refinement of a boutique lodge.**

You'll have a choice of **five private bedrooms**: three with their own en-suite bathroom, and two that share a spacious, beautifully appointed bath.

The **generous living spaces**— a piano lounge, a light-filled dining room, and a terrace opening onto the garden—will become the warm, welcoming setting for your language workshops. On sunny days, the large, tree-lined garden transforms into an inspiring open-air classroom, where you learn to the gentle sound of the nearby stream.

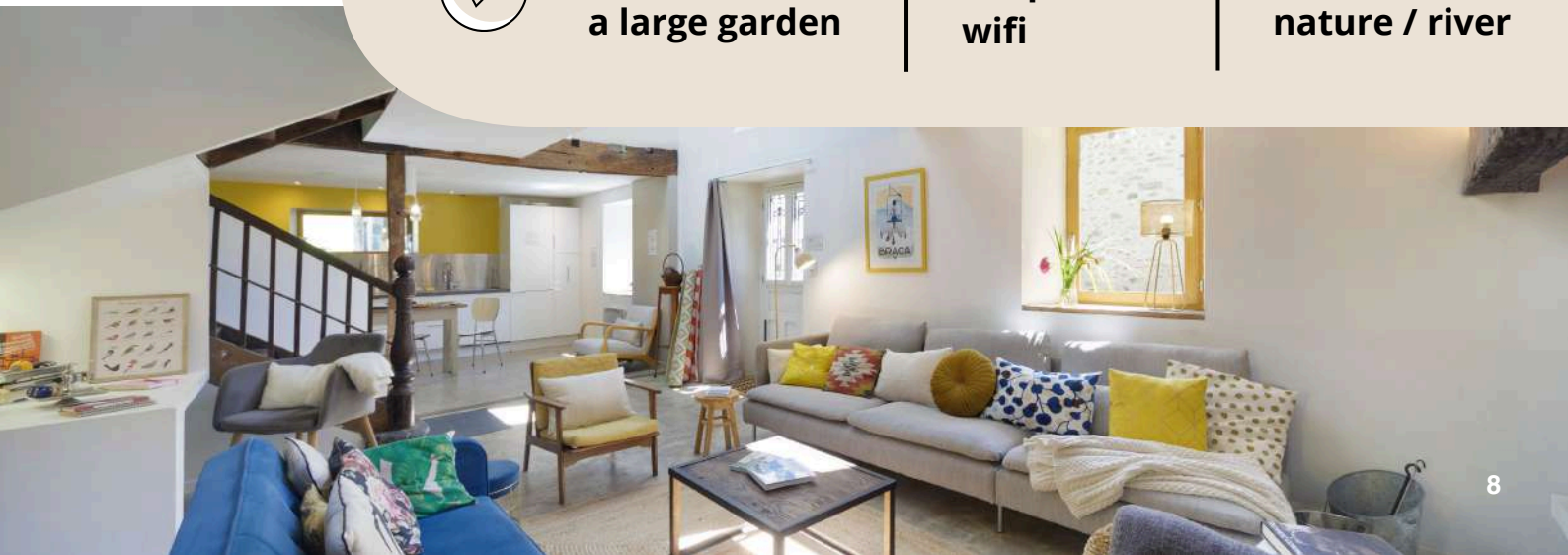
Between lessons, **enjoy quiet corners to unwind**, a drink on the balcony, a nap in the shade, or a chic evening apéritif. Here, **learning French naturally** blends with the French art of living: **elegant, immersive, and profoundly restorative.**



**5 bedrooms**  
**4 bathrooms**  
**a large garden**

**terrace**  
**car park**  
**wifi**

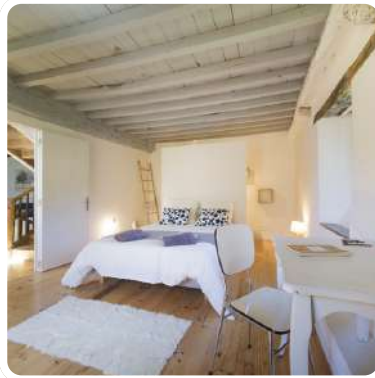
**Netflix**  
**design**  
**nature / river**



# CHOOSE YOUR ROOM



**The master bedroom** features timeless décor in natural tones, bathed in light thanks to its triple exposure. A discreet walk-in shower adds refined comfort, and the queen-size bed makes this peaceful space an inviting retreat overlooking the courtyard, bamboo garden, and village beyond.



**The blue room** offers soft light and charm, with a blue ceiling and dual views over the courtyard and nearby field. A built-in shower and sink provide refined comfort, while a private balcony creates an intimate retreat for reading or enjoying the sunset.



**The ground-floor room** offers easy comfort and gentle access, with soft light, a cozy double bed, and a spacious walk-in shower. Overlooking the courtyard and garden and steps from the living areas, it's an inviting cocoon—perfect for those who appreciate charm, tranquility, and comfort without stairs.



Tucked beneath the eaves, this charming **attic room** evokes a gentle, nostalgic warmth. Filled with soft light from a skylight facing the Napatch pass and a small window over the rear field, it features a comfortable king-size bed and shares a lovely landing bathroom with the adjoining triple room.



Spacious and tucked beneath the eaves, this bright, convivial **attic room** has the charm of a chic dorm and is a favorite among younger guests. Set as a comfortable king-size bed, it offers warm, natural light, sea-grass flooring, a cosy atmosphere, and shares the landing bathroom with the adjoining double room.

# ABOUT THE FOOD

**Jérôme** is the chef for the stay.

His cooking is rooted in rural and family tradition but has been enriched by his different encounters and experiences, evolving into a vibrant, Mediterranean, and largely plant-based style.

He is committed to using **only high-quality, local products**, respecting the seasons and favoring short supply chains.

He promises to delight guests with **a cuisine full of life, warmth, and love.**

To complete the experience, each dish prepared by our caterer will be served with **a selection of wines**, along with still and sparkling water available as desired.



Catered meals

Full board  
High-quality  
local products

Cooking class  
the last day +  
apéro dinatoire

# THE DIFFERENT OPTIONS



**IMMERSION PROGRAM +  
EN-SUITE BEDROOM OR  
BEDROOM WITH **SHARED**  
**BATHROOM****

STARTING FROM  
**1750€**

- 10h of French lessons,
- 50h min. of practice,
- Pedagogical excursions included,
- Small group (max.10 pers),
- Getting to and from the activities,
- Full board,
- Independent bedroom in a charming gite,
- Your teachers by your side during all the immersion,
- A flexibility and adaptation to your needs and objectives,
- Administration & organization fees,
- Tea, coffee and "petit gâteaux"!



## **PACK 2**

**IMMERSION PROGRAM +  
EN-SUITE BEDROOM OR  
BEDROOM WITH **PRIVATE**  
**BATHROOM****

**1950€**



## THE SCHEDULE

# ARRIVAL & DEPARTURE

**ARRIVAL :**  
**Monday**

STARTING FROM

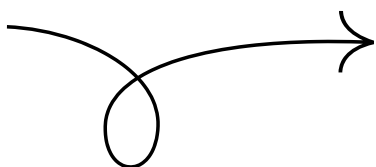
**2pm**



For guests traveling internationally, your journey will usually begin at a major international airport. We strongly recommend choosing one of the **Paris airports (CDG or Orly)**, where you will have access to a wide range of direct flights to **Pau-Pyrénées Airport (PUF)**.

From Pau-Pyrénées Airport, you can:

- rent a car and drive directly to Issor,
- take a shuttle or taxi to Pau train station and continue by train,



There are also **direct trains to Pau from Paris and several major French cities.**

From Pau, you can take a connecting train to either Oloron-Sainte-Marie (16 minutes from Issor) or Lurbe-Saint-Christau (8 minutes from Issor), where we will be happy to pick you up.



Upon request and at an additional cost, **we can arrange a private shuttle service to pick you up from Pau airport or Pau's train station and take you directly to Issor.**



**DEPARTURE :**  
**Saturday**

BETWEEN

**2&4pm**

For further details, please contact us and/or refer to this document.



# TO DO, TO SEE...

# VISITS



## OLORON STE MARIE

DISTANCE : 13KM

This Romanesque jewel anchors a charming old town where one shop has been open for 400 years. Two rivers meet here, creating the perfect backdrop for a cultural and gourmet stroll.



## LESCUN AND THE ASPE VALLEY

DISTANCE : 28KM

A breathtaking alpine amphitheater: stone villages, soaring peaks, panoramic roads. Ideal for an easy hike or simply a "wow moment" from the car. Don't miss Bedous, Borce, and Aydius.



## PAU, ITS CHÂTEAU & THE BOULEVARD DES PYRÉNÉES

DISTANCE : 45KM

The epitome of French elegance: Henri IV's château, café terraces overlooking the mountains, chic boutiques. Perfect for a sophisticated urban day.



## THE ARTOUSTE TRAIN

DISTANCE : 66KM

A one-of-a-kind experience: a tiny mountain train - the highest in Europe - skimming cliffsides, offering extraordinary views over alpine lakes and rugged summits.



## THE JURANÇON VINEYARDS

DISTANCE : 45KM

Golden hillsides, sweeping Pyrenean views, and premium tastings at family-owned estates. A must for lovers of aromatic, elegant wines. While there, stop in Monein to admire Saint-Girons Church, famed for its extraordinary timber frame.



## NAVARRENX, FORTIFIED BASTIDE

DISTANCE : 35KM

One of France's most beautiful villages, encircled by ancient ramparts. Peaceful and charming—perfect for wandering cobbled streets, meeting artisans, and enjoying a terrace drink.



## A BASQUE COUNTRY ESCAPE

DISTANCE : 70KM - 115KM

A perfect day trip into the vibrant Basque spirit: wander the cobbled streets of Saint-Jean-Pied-de-Port, gateway to the Camino; then continue to the stunning coastline, from elegant Biarritz to historic Bayonne. Expect striking architecture, bold colors, ocean vistas, and a culture as warm as it is distinctive.



## SOMPORT, CANFRANC STATION, JACA (SPAIN)

DISTANCE : 44KM - 71 KM

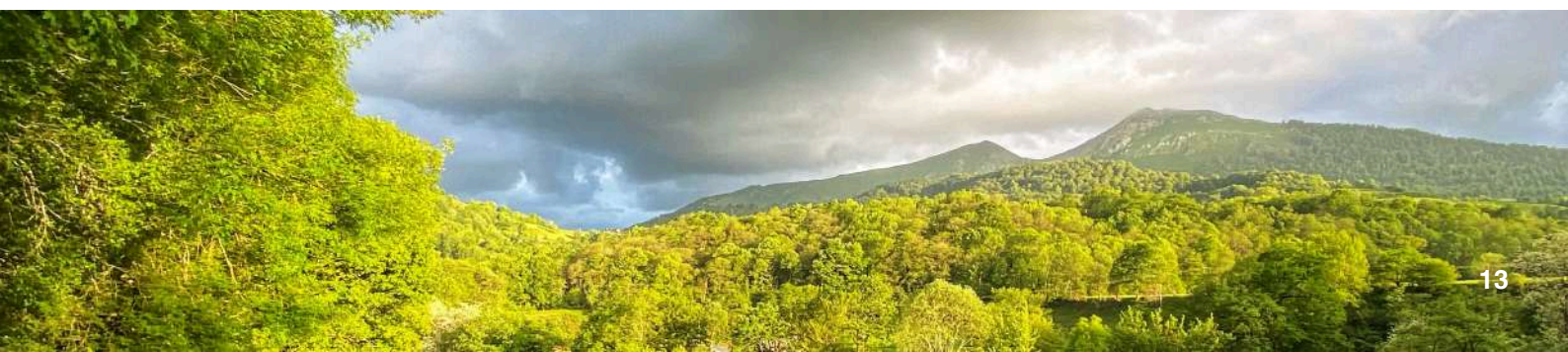
A wonderfully scenic loop: cross the mountain pass, stop at the newly restored monumental Canfranc International Station, then continue to lively Jaca—ideal for tapas, wine, and a taste of Spain.



## LA VERNA CAVE

DISTANCE : 38KM

One of the largest underground chambers in the world—a spectacular mineral cathedral illuminated to reveal its incredible scale. An immersive, awe-inspiring experience.



# ALPINE LEISURE & OUTDOOR ACTIVITIES

## HIKING



The Béarnaise Pyrenees offer an extraordinary variety of landscapes and trails. Whether you're a beginner or an experienced hiker, exploring solo or with family, you'll find the perfect route in the heart of the Pyrenees National Park.

## CYCLING



Bring your bike and tackle the legendary Pyrenean passes showcased during the Tour de France. Road cycling, e-bikes, mountain biking, gravel—whatever your style, the Pyrenees welcome all riders with sweeping panoramas and exhilarating climbs.

## WHITEWATER SPORTS



Rafting, canoeing, kayaking, canyoning... Around Oloron-Sainte-Marie, over 200 km of navigable rivers invite you to choose your adventure: rafting, hydrospeed, hot-dog canoe or classic kayak. Pure Pyrenean thrills in a spectacular natural setting.

## CLIMBING



From first-time climbers to seasoned enthusiasts, the region offers routes for every level. Explore legendary sites! Outdoor crags and indoor climbing centers are scattered across the region, each offering spectacular surroundings.

## HORSEBACK RIDING



Explore pastoral landscapes, forest paths and open meadows on horseback—one of the most enchanting ways to discover the region. Gentle treks, guided rides and longer excursions are available, perfect for both beginners and seasoned riders.

## FISHING



The Béarnaise Pyrenees are a paradise for anglers, with pristine lakes, crystalline rivers, and legendary trout streams. Wild Fario trout—the emblem of the region—thrive only in the pure waters of the local gaves and mountain torrents.

## PARAGLIDING



For those seeking an unforgettable point of view, paragliding offers a breathtaking glide over valleys, ridgelines and rolling foothills. With certified instructors and gentle takeoff sites, it's a serene yet exhilarating way to experience the Pyrenees from the sky.

## SKIING



Within a 55-kilometer radius, four ski areas between 1,400 and 2,200 meters await you. Majestic peaks and generous snowfall offer hours of winter fun—perfect for both seasoned skiers and those simply seeking the beauty of the mountains in winter.

# RESTAURANTS

NEARBY ...



€€-€€€

## LA PART DES ANGES

OLORON STE MARIE : 20 MIN

In a beautiful location, we welcome you to enjoy regional and Lorraine cuisine, either indoors or on the terrace.



€-€€

## O' BISTROT GOURMAND

OLORON STE MARIE : 18 MIN

'Bistronomic' dining, featuring traditional cuisine crafted from fresh, local ingredients — all homemade with care.



€€-€€€

## TRANSHUMANCE & CIE

BEDOUS : 20 MIN

"Transhumance & Cie" invites you into a world where Béarn's pastoral traditions meet refined fire-cooked cuisine.



€€-€€€

## CHEZ GERMAINE

GEÛS D'OLORON : 29 MIN

A beloved Béarn institution, Chez Germaine combines craft and creativity to serve refined, seasonal dishes made from local producers.



€€€-€€€€

## CHEZ CHILO

BARCUS : 30 MIN

A true local institution, this gastronomic restaurant makes passion and generosity meet in an inventive cuisine passed down from father to son.



€€€-€€€€

## ETCHEMAITE

LARRAU : 43 MIN

Set in an idyllic setting overlooking the valley, Etchemaite offers refined cuisine that elevates the finest products of the Basque terroir.



Looking for more?

An extension of this program is available for an even more intensive experience!

Get in touch with us to learn more!

# CONTACT



## Address

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## Phone

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## Website

[frenchimmersions.com](http://frenchimmersions.com)



## Instagram & Facebook

Instagram : [french.immersions](https://www.instagram.com/french.immersions)

Facebook : [french.immersions](https://www.facebook.com/french.immersions)

*A bientôt!*

## DO YOU HAVE A QUESTION?



We're here to help!  
Get in touch.

