

Bienvenue

May 26th - 31st, 2026



Immersion in the Pyrénées

FRENCH IMMERSION IN ISSOR (64)
LEARN - PRACTICE - IMPROVE

Bespoke French
lessons

Local exploration
and activities

Complete immersion
Guaranteed progress

Bonjour !



If the most effective learning comes from a friendly and exploratory atmosphere, ISSOR is your next destination!

Nestled between the majestic peaks of the Pyrenees and the cultural richness of Béarn, our language immersion plunges you into **authentic French daily life**.

Perfect your expression, not in a classroom, but through traditional activities, Jurançon wine tastings, and hikes in classified natural landscapes.

It is more than a trip—it is the experience of a unique and preserved art of living!

Away from the crowds, **join us for 5 days of guaranteed progress**, punctuated by **50 hours of expert instruction**, local discoveries & flavors, and the majestic landscapes of the Pyrenees.

A unique human experience, 100% in French :

- ■ ■ **Authenticity (The real Southwest)**
- 👉 **Friendliness (Small groups, sharing)**
- 🚀 **Effectiveness (15 hours of instruction + total immersion)**
- 🏡 **Accommodations in charming gîtes**
- 🍽️ **Vibrant and high-quality gastronomy, emphasizing organic and local sourcing**

YOUR HOSTS



We are **Prisca and Nathalie**. Both of us are teachers of FLE (French as a Foreign Language), and we share over 15 years of passion for the French language and its culture.

After personal journeys filled with travel and enriching intercultural exchanges, **we had a shared idea: to offer immersion language stays.**

Having witnessed the effectiveness of learning languages in the context ourselves, this new venture felt like a necessity.

This is why we offer you our expertise to **accelerate your progress** and **guarantee you an intense, memorable, and profoundly authentic experience.**



CONTACT US

Phone : +33 624 972 655

Email : contact@frenchimmersions.com

YOUR PROGRAM

	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th	Saturday 30th	Sunday 31st
Morning		9-12pm : French class	9-12pm : French class	9-12pm : French class	9-11pm : French class	9-12pm : French class
Lunch		12-2pm : catered picnic	free time - catered lunch	12-2pm : lunch at the restaurant with your teachers - let's discover the French gastronomy! (optional - additional cost)	11-1pm : free time - catered lunch	12-2pm : last catered lunch with Jérôme, your new chef, and your teachers
Afternoon	From 2pm (+/-) : Arrival We will welcome you to the gîte and show you to your room.	2pm-6pm : discovery hike with your teacher (optional - included)	2pm-6pm : visit of a winery with a guide & your teachers - wine & local products tasting (guided activity)	2-5pm : Visit to Elodie's garden and flower crafts (optional - additional cost) 5:30-7pm : yoga class with Anna (optional - additional cost)	2-5pm : discover the town of Oloron- Sainte-Marie with our special guide, Sophie (guided activity) / Shopping time in town.	From 2pm : departure
Evening	From 7pm : let's get to know each other over a delicious dinner prepared by Laurie	From 7pm : free time - catered diner	From 7pm : free time - catered diner	From 7pm : free time - catered diner	From 6pm : cooking class with Laurie (optional - included) - apéro dinatoire all together for our last evening!	

YOUR LESSONS

1st step

Upon registration, you will receive **a written evaluation test.**

This will allow us to determine your level and your expectations. (*level A2+ min. needed*)

2nd step

Next, we will meet online to determine **your oral proficiency**

3rd step

Finally, we will make sure to include elements you need and/or want to work on in the program for your immersion such as **grammar points, situational speaking practice, phonetics...**



We value your input. If you have **any specific requests**, feel free to share them with us. *For example: I would like to study the conditional.*

In total, your program features **15 hours of core class time**, plus **guided activities** and shared meals, totaling a **minimum of 50 hours of French practice**.

Take a look at [your program overview](#)

ABOUT THE ACTIVITIES

Your program includes **three educational excursions with a guided activity :**

- a hike led by your teachers,
- a vineyard visit with local product tasting,
- a guided tour of the town of **Oloron Sainte Marie** with free time for souvenir shopping for those who wish.

Of course, if you prefer to stay quiet at the gîte or go for a walk on your own, that is absolutely possible!

Please consult our website for the specific schedule :

www.frenchimmersions.com



 **Acquisition of specialized vocabulary**

Spontaneous oral practice and listening in a real-life context

Opportunity to listen to and interact with a professional native speaker



OPTIONAL ACTIVITIES

As your program is already very dense, we took the liberty of offering certain activities as **optional extras** so that those who are most eager can practice even more!

You will therefore have the opportunity to add:

- A relaxation session with a **yoga class** **led by Anna**,
- A visit to **Elodie's fabulous garden**, including the making of a flower crown,
- A visit to **Cedric's farm**, where he will teach us how to make cheese "the French way"!

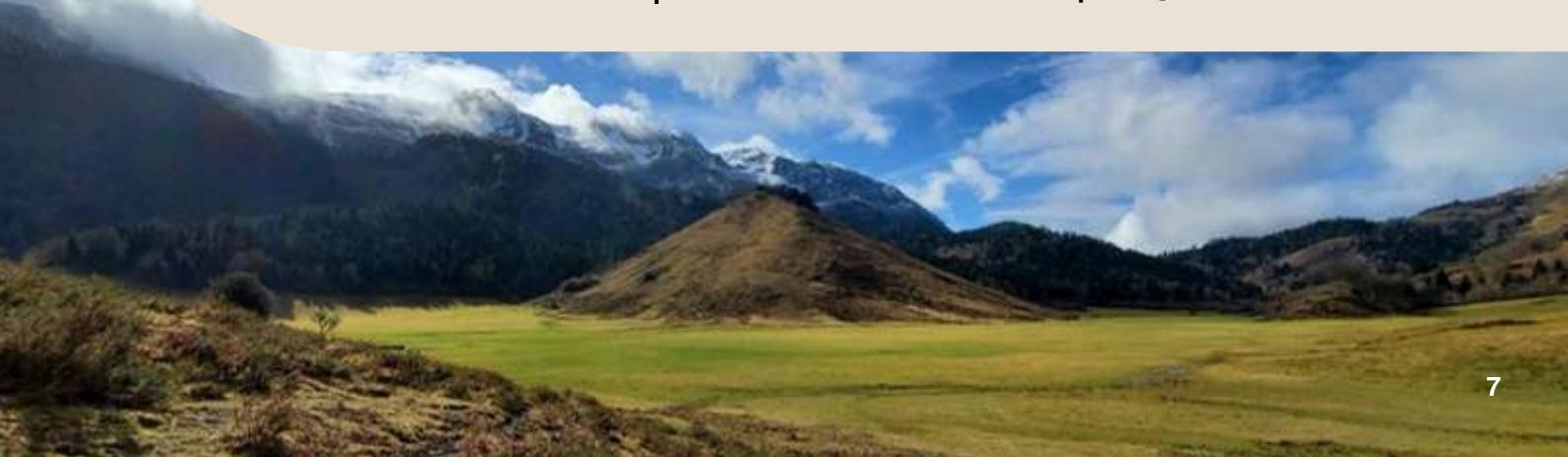
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ACCOMMODATION

Additional charming lodges will be offered as registrations continue to grow...

Nestled in the heart of Béarn, the gîte **Castagné** blends the charm of a traditional farmhouse with the comfort and refinement of a boutique lodge.

You'll have a choice of **five private bedrooms**: three with their own en-suite bathroom, and two that share a spacious, beautifully appointed bath.

The **generous living spaces**—a piano lounge, a light-filled dining room, and a terrace opening onto the garden—will become the warm, welcoming setting for your language workshops. On sunny days, the large, tree-lined garden transforms into an inspiring open-air classroom, where you learn to the gentle sound of the nearby stream.

Between lessons, **enjoy quiet corners to unwind**, a drink on the balcony, a nap in the shade, or a chic evening apéritif. Here, **learning French naturally** blends with the French art of living: **elegant, immersive, and profoundly restorative**.



5 bedrooms
4 bathrooms
a large garden

terrace
car park
wifi

Netflix
design
nature / river



CHOOSE YOUR ROOM



The master bedroom features timeless décor in natural tones, bathed in light thanks to its triple exposure. A discreet walk-in shower adds refined comfort, and the queen-size bed makes this peaceful space an inviting retreat overlooking the courtyard, bamboo garden, and village beyond.



The blue room offers soft light and charm, with a blue ceiling and dual views over the courtyard and nearby field. A built-in shower and sink provide refined comfort, while a private balcony creates an intimate retreat for reading or enjoying the sunset.



The ground-floor room offers easy comfort and gentle access, with soft light, a cozy double bed, and a spacious walk-in shower. Overlooking the courtyard and garden and steps from the living areas, it's an inviting cocoon—perfect for those who appreciate charm, tranquility, and comfort without stairs.



Tucked beneath the eaves, this charming **attic room** evokes a gentle, nostalgic warmth. Filled with soft light from a skylight facing the Napatch pass and a small window over the rear field, it features a comfortable king-size bed and shares a lovely landing bathroom with the adjoining triple room.



Spacious and tucked beneath the eaves, this bright, convivial **attic room** has the charm of a chic dorm and is a favorite among younger guests. Set as a comfortable king-size bed, it offers warm, natural light, sea-grass flooring, a cosy atmosphere, and shares the landing bathroom with the adjoining double room.

ABOUT THE FOOD

Laurie is the main chef for the stay (except for Friday lunch, which will be handled by Jérôme).

Her cooking is rooted in rural and family tradition but has been enriched by her travels, evolving into a vibrant, Mediterranean, and largely plant-based style.

She is committed to using **only high-quality, local products**, respecting the seasons and favoring short supply chains.

She promises to delight guests with **a cuisine full of life, warmth, and love**.

To complete the experience, each dish prepared by our caterer will be served with **a selection of wines**, along with still and sparkling water available as desired.



**Catered meals
made by Laurie**

**Full board
High-quality
local products**

**Cooking class
the last day +
apéro dinatoire**

THE DIFFERENT OPTIONS



PACK 1

IMMERSION PROGRAM +
PRIVATE BEDROOM WITH OR
WITHOUT BATHROOM

STARTING FROM

1650€

- 15h of French lessons,
- Pedagogical excursions included,
- Getting to and from the activities,
- Full board (except the restaurant on Thursday),
- *Independent bedroom in a charming gîte,*
- Your teachers by your side during all the immersion,
- A flexibility and adaptation to your needs and objectives,
- Administration & organization fees,
- Tea, coffee and "petit gâteaux"!



PACK 2

IMMERSION PROGRAM +
OFF-SITE HOUSING (AT YOUR
COST)

1350€



- 15h of French lessons,
- Pedagogical excursions included,
- Getting to and from the activities,
- Full board (except the restaurant on Thursday),
- *No accommodation* but we can advise you,
- Your teachers by your side during all the immersion,
- A flexibility and adaptation to your needs and objectives,
- Administration & organization fees,
- Tea, coffee and "petit gâteaux"!

ARRIVAL & DEPARTURE

ARRIVAL :
Tuesday, May 26th

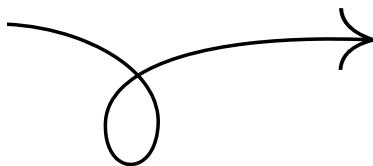
STARTING FROM
2pm



For people traveling internationally, your journey will begin at a major international airport.

We strongly recommend aiming for the following airports for the simplest connection to Issor : **Paris CDG / Paris Orly.**

Once you arrive at your chosen international airport, the goal is to reach either **the Pau train station or the Pau-Pyrénées Airport (PUF)** then **Oloron Sainte-Marie.**



DEPARTURE :
Sunday, May 31st | **BETWEEN 2&4pm**

From there, you have two options:

- if you have your own car, you can go directly to the gîtes (exact address will be given later),
- if you come by another means, we can pick you up in Oloron Sainte-Marie.

For further details, please contact us and/or refer to this document.



TO DO, TO SEE...

VISITS

OLORON STE MARIE

DISTANCE : 13KM

This Romanesque jewel anchors a charming old town where one shop has been open for 400 years. Two rivers meet here, creating the perfect backdrop for a cultural and gourmet stroll.

LESCUN AND THE ASPE VALLEY

DISTANCE : 28KM

A breathtaking alpine amphitheater: stone villages, soaring peaks, panoramic roads. Ideal for an easy hike or simply a "wow moment" from the car. Don't miss Bedous, Borce, and Aydius.

PAU, ITS CHÂTEAU & THE BOULEVARD DES PYRÉNÉES

DISTANCE : 45KM

The epitome of French elegance: Henri IV's château, café terraces overlooking the mountains, chic boutiques. Perfect for a sophisticated urban day.

THE ARTOUSTE TRAIN

DISTANCE : 66KM

A one-of-a-kind experience: a tiny mountain train - the highest in Europe - skimming cliffsides, offering extraordinary views over alpine lakes and rugged summits.



THE JURANÇON

VINEYARDS

DISTANCE : 45KM

Golden hillsides, sweeping Pyrenean views, and premium tastings at family-owned estates. A must for lovers of aromatic, elegant wines. While there, stop in Monein to admire Saint-Girons Church, famed for its extraordinary timber frame.



NAVARRENX, FORTIFIED BASTIDE

DISTANCE : 35KM

One of France's most beautiful villages, encircled by ancient ramparts. Peaceful and charming—perfect for wandering cobble streets, meeting artisans, and enjoying a terrace drink.



A BASQUE COUNTRY

ESCAPE

DISTANCE : 70KM - 115KM

A perfect day trip into the vibrant Basque spirit: wander the cobble streets of Saint-Jean-Pied-de-Port, gateway to the Camino; then continue to the stunning coastline, from elegant Biarritz to historic Bayonne. Expect striking architecture, bold colors, ocean vistas, and a culture as warm as it is distinctive.



SOMPORN, CANFRANC STATION, JACA (SPAIN)

DISTANCE : 44KM - 71 KM

A wonderfully scenic loop: cross the mountain pass, stop at the newly restored monumental Canfranc International Station, then continue to lively Jaca—ideal for tapas, wine, and a taste of Spain.



LA VERNA CAVE

DISTANCE : 38KM

One of the largest underground chambers in the world—a spectacular mineral cathedral illuminated to reveal its incredible scale. An immersive, awe-inspiring experience.



OUTDOOR ACTIVITIES



HIKING

The Béarnaise Pyrenees offer an extraordinary variety of landscapes and trails. Whether you're a beginner or an experienced hiker, exploring solo or with family, you'll find the perfect route in the heart of the Pyrenees National Park.



CYCLING

Bring your bike and tackle the legendary Pyrenean passes showcased during the Tour de France. Road cycling, e-bikes, mountain biking, gravel—whatever your style, the Pyrenees welcome all riders with sweeping panoramas and exhilarating climbs.



WHITEWATER SPORTS

Rafting, canoeing, kayaking, canyoning... Around Oloron-Sainte-Marie, over 200 km of navigable rivers invite you to choose your adventure: rafting, hydrospeed, hot-dog canoe or classic kayak. Pure Pyrenean thrills in a spectacular natural setting.



CLIMBING

From first-time climbers to seasoned enthusiasts, the region offers routes for every level. Explore legendary sites! Outdoor crags and indoor climbing centers are scattered across the region, each offering spectacular surroundings.



HORSEBACK RIDING

Explore pastoral landscapes, forest paths and open meadows on horseback—one of the most enchanting ways to discover the region. Gentle treks, guided rides and longer excursions are available, perfect for both beginners and seasoned riders.



FISHING

The Béarnaise Pyrenees are a paradise for anglers, with pristine lakes, crystalline rivers, and legendary trout streams. Wild Fario trout—the emblem of the region—thrive only in the pure waters of the local gaves and mountain torrents.



PARAGLIDING

For those seeking an unforgettable point of view, paragliding offers a breathtaking glide over valleys, ridgelines and rolling foothills. With certified instructors and gentle takeoff sites, it's a serene yet exhilarating way to experience the Pyrenees from the sky.



SKIING

Within a 55-kilometer radius, four ski areas between 1,400 and 2,200 meters await you. Majestic peaks and generous snowfall offer hours of winter fun—perfect for both seasoned skiers and those simply seeking the beauty of the mountains in winter.

RESTAURANTS

NEARBY ...



€€-€€€

LA PART DES ANGES

OLORON STE MARIE : 20 MIN

In a beautiful location, we welcome you to enjoy regional and Lorraine cuisine, either indoors or on the terrace.



€-€€

O' BISTROT GOURMAND

OLORON STE MARIE : 18 MIN

'Bistronomic' dining, featuring traditional cuisine crafted from fresh, local ingredients — all homemade with care.



€€-€€€

TRANSHUMANCE & CIE

BEDOUS : 20 MIN

"Transhumance & Cie" invites you into a world where Béarn's pastoral traditions meet refined fire-cooked cuisine.



€€-€€€

CHEZ GERMAINE

GEÜS D'OLORON : 29 MIN

A beloved Béarn institution, Chez Germaine combines craft and creativity to serve refined, seasonal dishes made from local producers.



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CHEZ CHILO

BARCUS : 30 MIN

A true local institution, this gastronomic restaurant makes passion and generosity meet in an inventive cuisine passed down from father to son.



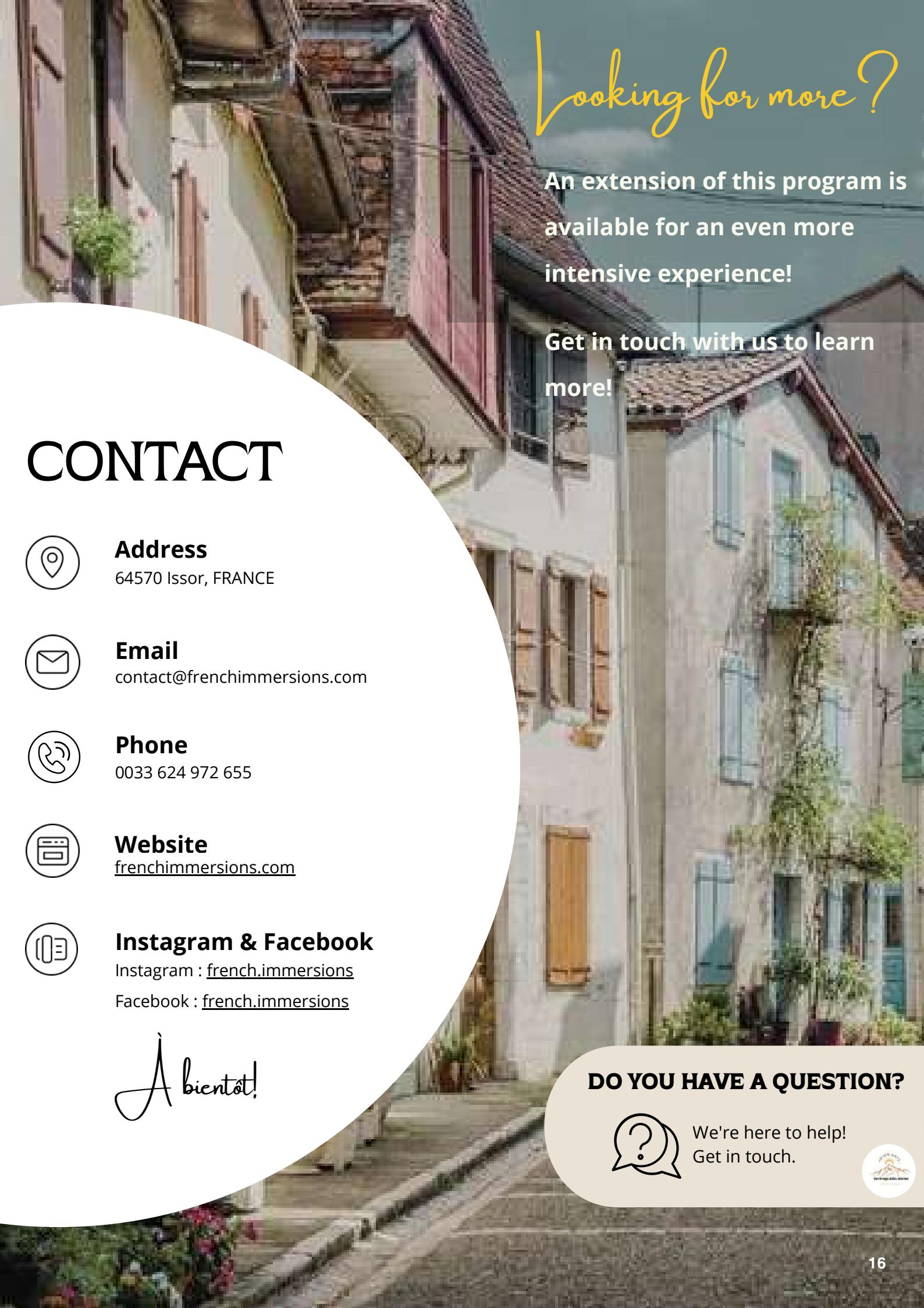
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ETCHEMAITE

LARRAU : 43 MIN

Set in an idyllic setting overlooking the valley, Etchemaite offers refined cuisine that elevates the finest products of the Basque terroir.





Looking for more?

An extension of this program is available for an even more intensive experience!

Get in touch with us to learn more!

CONTACT



Address

64570 Issor, FRANCE



Email

contact@frenchimmersions.com



Phone

0033 624 972 655



Website

frenchimmersions.com



Instagram & Facebook

Instagram : [frenchimmersions/](https://www.instagram.com/frenchimmersions/)

Facebook : [frenchimmersions/](https://www.facebook.com/frenchimmersions/)

bientôt!

DO YOU HAVE A QUESTION?



We're here to help!
Get in touch.

